When assisting someone who has suffered domestic violence or sexual assault

ALWAYS ASK
IF ANY PRESSURE HAS BEEN APPLIED TO THE NECK
AND...

D

Help DOCUMENT the abuse

O

Take the time to OBSERVE the victim for subtle signs and symptoms of strangulation and suffocation

M

Encourage the victim to seek MEDICAL ATTENTION

O

OFFER HOPE by educating victims about their rights, local resources, and the science of Hope

R

Make sure to conduct a RISK ASSESSMENT

E

EDUCATE the victim and others about the seriousness, lethality and long-term consequences of non-fatal strangulation assault

THE TRAINING INSTITUTE ON STRANGULATION PREVENTION
strangulationtraininginstitute.com allianceforhope.com
888.511.3522 Institute@allianceforhope.com

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