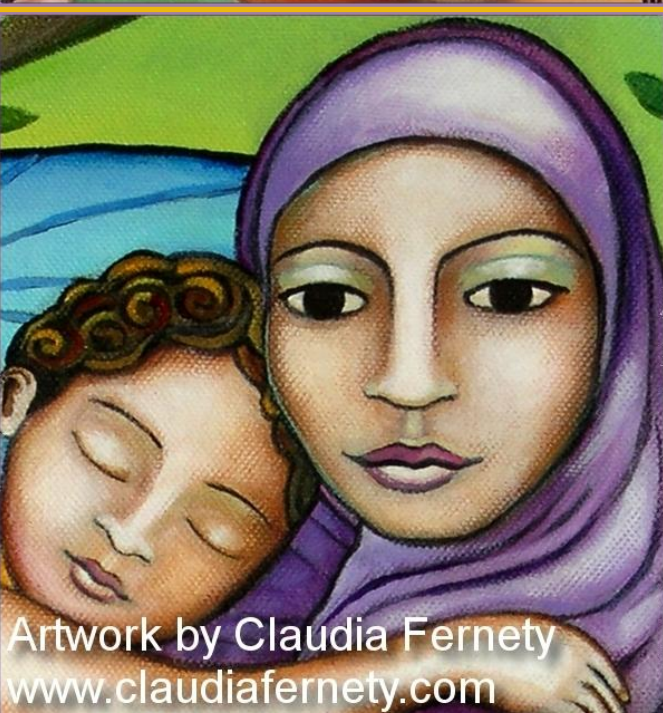




*Creating a Teen
Outreach Program at
Your Family Justice
Center
Toolkit*

2012



Artwork by Claudia Fernety
www.claudiafernety.com

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Our mission is to create a network of national and international Family Justice Centers and similar co-located service models with close working relationships, shared training and technical assistance, collaborative learning processes, coordinated funding assistance, and transformational leadership.

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A future where:

- *All the needs of victims are met,*
- *Children are protected,*
- *Violence fades,*
- *Batterers are held accountable,*
- *Economic justice increases,*
- *Families heal and thrive,*
- *Hope is realized, and*
- *We ALL work together...*

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Creating a Teen Outreach Program at Your Family Justice Center

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Creating a Teen Outreach Program at Your Family Justice Center

INTRODUCTION

The 2011 Verizon Foundation grant to the National Family Justice Center Alliance (Alliance) allowed the Alliance to continue its nationwide work supporting existing and developing Family Justice Centers and facilitating partnerships to reduce and prevent domestic violence. One of three focus areas was to develop outreach efforts for Family Justice Centers to educate and engage teens about Teen Relationship Violence (TRV).

This toolkit invites Family Justice Centers to develop a Teen Outreach Program to educate teens about relationship violence and the services available to them at the Family Justice Center. The focus is on the successful Teen Outreach Programs in several Family Justice Centers across the nation, the lessons learned from the San Diego FJC pilot program, and steps towards developing a successful Teen Outreach program.

The Alliance would like to thank the [San Diego Family Justice Center](#) for pilot testing this program. Many of the recommended steps and processes found throughout this toolkit are due to the hard work and flexibility of their leadership staff and partners.



The Alliance Staff with former SDFJC Director Lt. Bernie Colon and former Coordinator of Client Services Katie Llamas



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WHAT WE KNOW ABOUT TEEN RELATIONSHIP VIOLENCE

Statistics and Trends

There have been many studies following the trends of teen dating violence, all showing an increase in violence within teen relationships - up to a 40% increase from 1999 to 2007¹.

The Centers for Disease Control and Prevention defines Teen Relationship Violence as the physical, sexual, or psychological/emotional violence within a dating relationship, as well as stalking. Teens who have experienced violence in their relationships are reporting both physical and sexual violence, from hitting and kicking to forced sex. In a nationwide study of adolescents between the ages of 13 and 21, 55% said they were the victim of physical or sexual abuse and 59% said they had perpetrated some kind of violence against a partner². Interestingly, while these statistics are high, most of the teens reported that they do not need help and very few followed up with the resources that were offered. This represents the “normalization” among teens around these abusive behaviors and provides evidence that the issue may be more common in teen relationships than professionals realize. The need for educating all teenagers is necessary since teens who have a better understanding of what an abusive relationship is can empower themselves and others to prevent violence in future relationships.

There is a direct correlation between adults and teens reporting cases in intimate partner violence. One in five women and nearly one in seven men who ever experienced rape, physical violence, and/or stalking by an intimate partner, first experienced some form of partner violence between 11 and 17 years of age³. This further proves that education for teens in abusive relationships can help reduce or prevent violence in their adult lives.

¹ Olsen, E. A Rise in Efforts to Stop Abuse in Youth Dating. *The New York Times*. (January 2009).

² Bronwen, C., et.al. Dating Violence Among Adolescents Presenting to a Pediatric Emergency Department (December 2011).

³ Centers for Disease Control and Prevention, *2010 National Intimate Partner and Sexual Violence Survey*.



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WHAT IS BEING DONE AT FAMILY JUSTICE CENTERS

The Nampa Family Justice Center

The Center for Healthy Teen Relationships/Start Strong Idaho: Building Healthy Teen Relationships (www.lovewhatsreal.com) is an initiative funded by the Office on Violence Against Women and the Robert Wood Johnson Foundation grant, in southwest Idaho that promotes healthy teen relationships and seeks to prevent teen dating violence by helping 11 to 14 year olds develop healthy and safe relationship knowledge and skills. The Nampa Family Justice Center is one of 15 partners in this initiative that works to impact various levels of their community – from individual knowledge and attitudes to systemic changes in public policy.

The Start Strong Idaho initiative also includes a Teen Advisory Council which consists of 23 high school students from southwest Idaho that serve as older teen mentors to help 11 to 14 year olds develop healthy and safe relationship knowledge and skills. They also play an integral part in communication and marketing strategies for teens which include marketing campaigns, contests, and education on pop culture topics.

Through a multi-faceted approach, partners in this initiative use various forms and methods to bring about change in their community – from engaging policy makers, to service providers, parents/caregivers, and teens to reduce adolescent dating abuse and sexual assault in their community. This program and its materials are an excellent resource for any Family Justice Center.

The San Diego Family Justice Center

In addition to the pilot Teen Outreach Program supported by the Verizon Foundation, the San Diego Family Justice Center is also engaging teens in a unique and life-changing way through *Camp HOPE*. *Camp HOPE* offers free camping and mentoring experiences to children and teens who have witnessed family violence including many



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who have been abused physically, sexually, and emotionally. *Camp HOPE* is an opportunity for children and teens to regain their childhood, find hope and healing, and spend time with others who have overcome similar obstacles and trauma. The experience in this camp setting helps these teens know that they are not alone. Arts and crafts, campfires and all camp events add to the excitement as they explore new and positive options for relationships and communication building. The trained counselors instill a sense of hope by exploring issues such as trust and courage, developing relationships and learning core values.

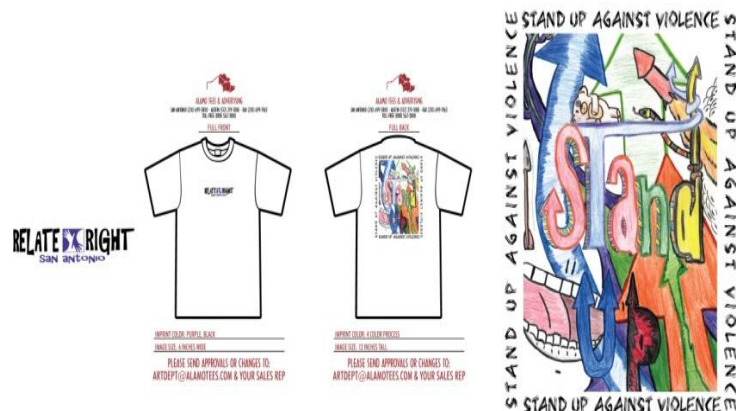


Camp Hope in San Diego, February 2012

The Bexar County Family Justice Center

Relate Right San Antonio, is a teen program initiative launched by the Bexar County Family Justice Center focused on preventing and addressing youth relationship violence through education and outreach efforts occurring on local middle and high school campuses. The Bexar County Family Justice Center has partnered with Communities in Schools San Antonio, *Relate Right SA* to gain access to students, teachers and parents at over 20 schools.

Relate Right SA is implemented through a series of interactive psycho-educational presentations provided to classroom size groups of students. Presentations provide a



visual of healthy and unhealthy relationships and their consequences along with statistics and real-life experiences to further emphasize the dangers of relationship abuse. During the 2011-2012 school year, six schools received monthly



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presentations and over 20 schools received periodic presentations.

Relate Right SA also piloted its first art contest at a local middle school; students created images that depicted messages opposing relationship violence. The contest was a great success with one-third of the sixth grade participated.

The Shasta Family Justice Center

The Shasta Family Justice Center launched their first, five-day long *Camp Hope* this past June for children of clients exposed to family violence. Partnering with the Missing in America Project and Walmart Heart (truck drivers for Walmart), Camp Hope was able to host 73 eight- to- 14 year- olds and 27 youth leaders for a life changing experience.



Activities for children ranged from hiking, to fishing, gold panning and boating. Campers also received emotional support and education during camp. The efforts of the Shasta Family Justice Center and their community partners earned them Non-Profit of the Year by the Greater Redding Chamber of Commerce.

The Anaheim Family Justice Center

The Anaheim Family Justice Center created three initiatives that directly work with teens and children in their community. *Kids Creating Change* (KCC) and *Reel Teens, Real Talk* are both 20 hour courses that empower young people with the necessary knowledge and skills to break the destructive cycle of abuse. The initiative first places participants in groups of no more than 15



The Kids Creating Change Program at the Anaheim FJC



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participants all within a similar age group and then provides age-appropriate lessons and activities.

KCC is for children ages 5-12 and covers: defining physical and emotional violence, coping with stress, conflict resolution/playground bullying, communication skills, how to be a good friend, resources for people who need help, and physical health/fitness.

Reel Teens, Real Talk is for teenagers ages 13-18 and places an emphasis on: self-esteem, communication skills, healthy/unhealthy relationships, anger management/anti-bullying, and setting boundaries.

Since the start of their program the Anaheim Family Justice Center has successfully graduated 111 children ages 5-12, and will finish the final phase of implementation for teenagers, ages 16-18 in January 2013.

In addition the Anaheim Family Justice Center targets families who have participated in *KCC* and *Reel Teens, Real Talk* to be the recipients of their *Adopt-A-Family* and *Back-To-School Program* which provides gifts for 30 families during the holidays and 30 low-income children backpacks filled with grade-appropriate school supplies and a \$100 shopping spree.



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CREATING TEEN OUTREACH AT FAMILY JUSTICE CENTERS

Program Development at a Local Family Justice Center

In defining how a Teen Outreach Program will be launched, remember to keep in mind two important goals: 1) to provide outreach and education to the community about TRV and 2) to provide specialized services for teens at the Center. It is important to begin by conducting research and focus groups to find the outreach and education model that best fits the Center. Once this is chosen, each Center should create a Teen Coordinator Position that will implement the chosen outreach model while meeting the needs of teens in the community and building relationships with community partners.

Recommended Models for TRV Awareness and Prevention

Development of a TRV awareness and prevention program at a Family Justice Center begins with identifying the most effective teen outreach and engagement programs and curricula available. These programs and curricula can then be adapted for use in Family Justice Centers, with the goal that the new Teen Coordinator Position will provide this outreach to the teen clients of new and existing partners, schools and other teen engagement programs.

There are many successful and dynamic agencies doing great work around this issue. The Alliance recommends the following curriculum and agencies and resources to help you get starting in creating a Teen Outreach Program.

- **Respect WORKS!** (<http://www.respect-works.com>)
Respect WORKS! integrates Hazelden's evidence-based *Safe Dates* with Break the Cycle's *School Policy Kit*, *[Ending Violence]* and *Speak.Act.Change* programs to give middle and high schools, youth service providers and domestic violence agencies the tools they need to respond effectively to teen dating violence issues on and off campus.



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This comprehensive, best-practices model includes everything from how administrators can implement a school-wide dating violence policy to teaching students how to be leaders in recognizing and combating dating violence.

- ***“Safe Dates” by Hazelden*** (<http://www.hazelden.org>)

This evidence-based program helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships. It gives them the skills needed to create and foster positive relationships.

Reproducible student handouts for each session are included on a CD. Role-playing, games, discussions, quizzes, can be completed in 10, 6 or 4-week sessions.

- ***“Speak.Act.Change Youth Activity Kit” by Break the Cycle***
(<http://www.breakthecycle.org>)

Speak.Act.Change engages, educates and empowers youth to become advocates for healthy relationships while promoting their positive development. This kit-based initiative challenges youth to create lives and communities free from domestic and dating violence. Youth participate in letter-writing campaigns, community walks, art-driven activism, journalistic assignments, and legislative and school-based advocacy.

- ***Love is Not Abuse*** (<http://loveisnotabuse.com>)

This is a step-by step guide to teaching high school students about the issue of dating violence. Using literature and poetry, this program provides teachers with the tools to teach about this sensitive subject and is intended to be taught in either Health or English/Language Arts classes.

Additional Resources and Information

In addition to the recommended organizations above, the *Family Justice Center Alliance Resource Library* may be helpful to learn more about teen relationship violence. The



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Teen Relationship Violence category contains webinars, publications, and additional materials useful for Center to learn more and develop a Teen Outreach Program. For more information visit the “Resources” section at www.familyjusticecenter.org.

Conduct Focus Groups with Teens

Focus groups are a great way to gauge your target audience for guidance and inspiration. They provide the opportunity to identify specifically what services should be offered at the Center for teens and how they should be delivered.

Focus groups with teens can be done in a myriad of settings, and with several different groups. High schools may provide access to the largest amount of teens at one time, however it can be much more difficult to arrange due to certain school regulations. In San Diego, the Alliance partnered with a Peer Mediator Program at Patrick Henry High School and facilitated a focus group on teen

relationship violence. Nancy Regas, a teacher at Patrick Henry High School, trains and mentors junior and senior level students to provide peer mediation for their classmates. The goal of the focus group was to identify teens’ awareness of relationship violence, the influence of social media in relationships and resources that are either needed or currently available for teens, and how accessible these resources are.

The focus group took place at Patrick Henry High School and had 15 peer mediators in participation. The focus group was facilitated by three Alliance staff members and was held as a round table discussion with set questions. Facilitation by younger staff members helps to make the participants feel more comfortable sharing their thoughts and suggestions.



Students at Patrick Henry High tour the San Diego FJC with Director Lt. Colon and Teacher Nancy Regas



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Create an Agenda for an Outreach and Education Presentation



Kat Wager presents the "Healthy Relationship Forum" for teen and parents at the San Diego FJC

After analyzing results and trends from the focus groups, either choose a curriculum that matches or pull various activities from the most relevant curricula to create an outreach training or forum that can be used for outreach once relationships with schools and other agencies are established. These activities will represent the focus areas and

needs identified by the students in the focus group. For example, in San Diego, the students in the focus group said they would like more information about identifying what is a healthy v. unhealthy relationship. This became the inspiration for the title and theme of our sample presentation agenda, "Healthy Relationship Forum." Remember to end with available resources and services at your local FJC and what the teens can do to get involved. San Diego then pilot tested this Forum approach.

This Forum can be presented in a variety of settings: at the FJC along with a tour, in a classroom or after-school program, or as an assembly with a larger group of students and/or parents. Depending on time constraints, the agenda can easily be modified to fit appropriate time slots or accommodate various audiences. See the Appendix for the full agenda. Components of the agenda are as follows:

- **Introduction from Staff**
 - Provides background of FJC and why TRV prevention is need.
- **Introduction of Teen Relationship Violence**
 - Provides audience with definition and statistics about TRV.
- **Introduction of Healthy v. Unhealthy Relationships**
 - Review of Healthy v. Unhealthy Relationships Chart with audience participation
- **Activity: How Does Music Influence my Relationship?**
 - Applies popular music lyrics to each section of the Healthy v. Unhealthy Relationships Chart.



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- **Unhealthy Relationship Diagram**
 - Encourages the audience to contemplate the expression “you complete me” or “my other half” and what that really looks like.
- **Healthy Relationship Diagram**
 - Compares the healthier relationship diagram of “Me, You, Us.”
- **Moving forward: What now?**
 - Educates the audience about services at the FJC and local organizations, and how students can get involved and Take Action.

To instantly watch a live recording of this presentation given by Kat Wager, Teen Educator in San Diego, visit www.familyjusticecenter.org. This presentation also includes a detailed agenda, links to all PSA’s and songs for the activities, handouts and more.

Create and Hire the Teen Coordinator Position

To begin the job hiring process, hold a meeting with leadership staff and community partners to learn how this position can help them reach out to teen clients. Depending on the needs of your Center, this position will most likely be balancing administrative tasks, intake and case management for teens who visit your Center, to larger tasks such as contacting and building relationships with current and potential community partners who already work with teens. Be sure to include this wide range of activities in your description, so the candidates are clear that they will be operating on multiple levels. See the Appendix for a sample Teen Coordinator Job description.

The ideal candidate is someone who can balance the above activities with ease, and preferably someone with experience or a background in relationship violence issues. See the Appendix for a list of helpful interview questions created when hiring the Teen Coordinator for the San Diego FJC.

Once the position is hired, it is imperative that they receive as much training as possible. Training topics should include the history of your Center and services



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provided, as well as subject matter training on topics like DV 101, the criminal justice system's response to relationship violence, and batterer's intervention to name a few. Introduce the coordinator to all the community partners and staff. The Alliance Resource Library has several webinar trainings recorded on these topics that may be helpful to supplement a training program.

Identify Resources and Build Relationships with Current and Prospective Partners

In order for the Teen Coordinator to effectively advocate for teens, it is important to have ample and accurate resources for all teen and youth clients that will be coming to the Center for help. For this reason, the first task as the new Teen Coordinator is to compile a Community Resource List for the area (See Appendix). This guide will include services at and outside the FJC. The most effective and time-efficient way to start this project is to find existing and outdated teen resource guides and compare the guides to compile an all-inclusive list.

Using the Community Resource Assessment Tool (CRAT) and the Phone Script provided in the Appendix, begin assessing each resource. Before assessing an agency, first become familiar with the agency website and any programs/services relevant to teens in unhealthy or abusive relationships. Websites often give particular program manager's contact information. Contact them, or if a specific contact is not provided, call the agency directly, introduce yourself, and ask to speak with someone who can share information about youth/teen services provided. By calling and speaking with the different community partners, not only are you developing name recognition, but you are extending your hand in collaboration. It is important to also provide a detailed explanation of the Center, and the Center's role in ending relationship violence. Encourage agencies who are interested in learning more about the Center to attend the next Open House, and make sure they are added to the Center's mailing list for the reminders. Remember, this is an opportunity to represent the Center and advertise the new services for teens.



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Arrange Education and Awareness with Schools and Other Organizations

The next task for the Teen Coordinator is to establish relationships with schools and other agencies to begin the outreach and education. Schools are looking for ways to not only acknowledge the obvious fact that teens are dating, but specifically prevent the number of abusive relationships from increasing further. Depending on what type of school they are (public, charter or private), they are also operating under a myriad of rules and regulations regarding what they can and cannot expose their students to about dating and relationships. Accommodating the schools while still achieving the goals of a Teen Outreach Program requires flexibility and possibly tailoring the program to each school.

There are several different approaches in which implementation can be accomplished, and they all begin with identifying fruitful contacts. These are local school administrators, school counselors, directors of at-risk youth organizations, etc. School counselors and their directors are usually the best faculty members to engage because they tend to be more exposed and



The San Diego FJC booth at the Crawford High School Resource Fair

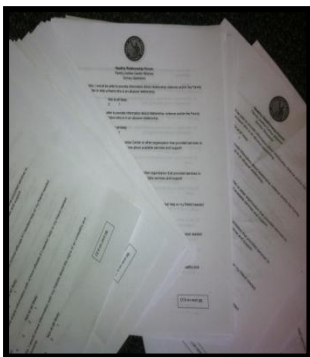
sympathetic to the issues of TRV in their role as counselor, than perhaps the principle or other administrative faculty. This can be approached by first reaching out to a teacher or associate staff person who can forward contact and program information over to the correct person with decision-making abilities. This can also be done through simple networking techniques such as attending or presenting at an open school board meeting, specialized committee/task force meeting, or at a resource fair. Remember to bring your business card with you and a flyer about your Center and new Teen Outreach Program. The Alliance and the San Diego FJC presented to school counselors and the school board during the pilot project. (See Appendix)



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Once you have gotten in contact with the correct person, request a meeting to go over the outreach the Center can provide and how to make it fit for that specific school. Bring the agenda that incorporates the model curricula to be used. You may even want to expand this agenda to include the purpose for each activity, detailing the questions that the students will be asked. This will help to answer school's questions and reassure them that letting the Teen Coordinators talk with their students will be beneficial. Some schools will want to do a one-time assembly style presentation for a larger crowd, or may want multiple presentations as part of their health/physical education class. Either way, remember that flexibility is critical. Any exposure is a start.

Evaluate and Document Outcomes



As always it is important to document outcomes related to any program or project of the FJC. Funders, stakeholders and the general community will want to see the progress the Center has made related to teen outreach and engagement. Each Center will want to track teens' perception and knowledge level of TRV before and after providing outreach, as well as the increased number of calls and visits from teens to the Center.

A great way to document the teens' perception and knowledge is by conducting a short survey that asks "before and after" questions related to a given presentation. A sample survey is included in the Appendix for reference. This survey was used in the San Diego FJC pilot project. If providing outreach to a school, be sure to check the school's policy regarding surveying their students, and work with them to make sure you are not violating these rules. One way to get around not being able to survey teens on campus would be to set up an online survey which allows them to fill it out on their own time and at their own will. Incentive for students to fill out the survey can be to win a free raffle item chosen from those who complete the survey. Oral surveys are generally permissible and do not run afoul of district rules that require board approval for written surveys.



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Other forms of evaluation can be accomplished through exit surveys and focus groups with teen clients, and feedback from your community partners about providing services to these clients.

CONCLUSION

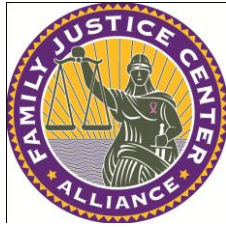
Developing and implementing a Teen Outreach Program at a FJC will not only help advertise the Center and build relationships, but will also spark an increase in teen client visits. Having a Teen Coordinator ready to answer questions, navigate services, or just listen will provide a great opportunity to establish a strong connection between the Family Justice Center and teens. We hope this toolkit helps Centers develop a dynamic and successful program to engage and educate teens, breaking the cycle of violence for this generation.

APPENDIX

Enclosed with this toolkit are several sample forms and templates which you can use to create this program. This section contains a list of materials described throughout the toolkit.

List of Materials Provided

- Sample TRV Focus Group Questions
- Healthy Relationship Forum Detailed Agenda with Discussion Questions
- FJC Teen Coordinator Job Description Template
- FJC Teen Coordinator Position - Interview Questions
- Template Community Resource Assessment Tool (CRAT)
- Template Phone Script
- Promotional Flyer: Is This Healthy?
- Promotional Flyer: When Caring Becomes Controlling
- Promotional Flyer: The Family Justice Center
- TRV Education and Outreach Post Survey Questions



Teen Relationship Violence Focus Group Questions

Questions about their views and knowledge of TRV

- 1. How much do you agree or disagree with each of the following statements? If you completely agree, stand on the left side of the room. If you completely disagree, stand on the right side of the room. If you're somewhere in the middle, stand in the corresponding place.**

a. Physically hurting a partner is a serious problem for people my age.

Strongly Disagree Disagree Agree Strongly Agree

b. Using words to hurt a partner is a serious problem for people my age.

Strongly Disagree Disagree Agree Strongly Agree

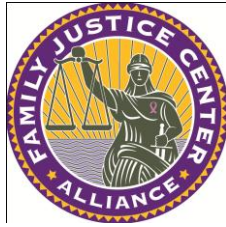
c. I know the warning signs of a bad or hurtful relationship.

Strongly Disagree Disagree Agree Strongly Agree

- 2. What's your definition of a healthy relationship? An unhealthy relationship?**

Questions about accessing services for TRV

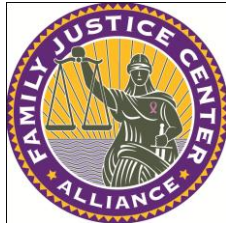
- 1. If a friend was in an unhealthy relationship, how would you try to help them?**
- 2. How do Facebook, Twitter, and other aspects of social media play a role in your interactions with friends and in relationships?**



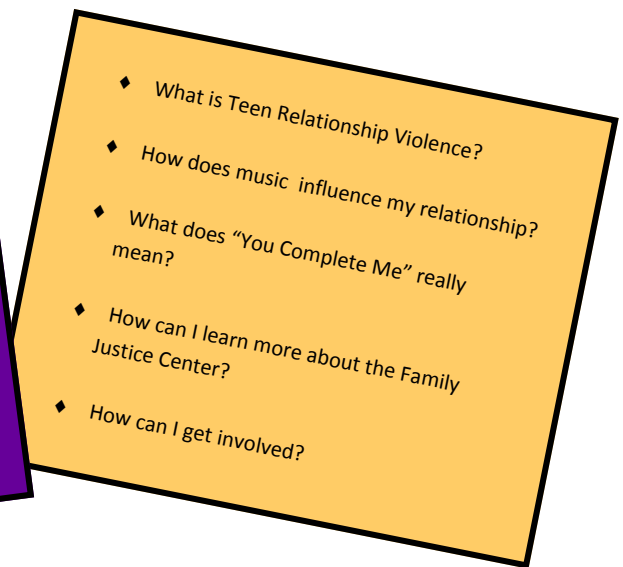
3. Do people abuse it? How?
4. Raise your hand if you talk to your family about your dating life. To those of you that raised your hand, what kinds of things do you share with your family?
5. If everyone said that you and your boyfriend/girlfriend were a cute couple but s/he was starting to get violent, what could you do?
6. You just ended an unhealthy relationship. Your ex keeps contacting you, though (text, Facebook, etc.). What are some ways that you might respond?
7. What is the easiest or most comfortable way for you to communicate with adults or an authority figure if you are in a difficult situation or one that you aren't proud of?

Family Justice Centers

1. Have you ever heard of the Family Justice Center?
Moderator describes local FJC
2. Would you ever go to the FJC if you needed help or if a friend needed help because of teen relationship violence? If not, would it help if teens worked at the FJC?
3. What would make you want to go?



4. **What is it about the FJC that gives it an adult stigma?** (If applicable)
5. **What might an FJC for teens look like? What services or agencies would you want and not want there?**
Restraining Orders, Counseling and advocates, Education, Social peer support, Police, Prosecutors, etc.
6. **How should we market or spread the word about FJC's to teens?**



Detailed Agenda with Discussion Questions

To **BEGIN** the presentation, click [HERE](#)

◆ Introduction from Staff (3-5 min)

- ◇ Who we are and why we're here

◆ Introduce "That's Not Cool" PSA (5-8 min)

- ◇ [Show "That's Not Cool" PSA \(1 min\)](#)
- ◇ Audience discussion of PSA. Sample Prompt Questions (Questions are on the slide in the video):
 - ◇ Is this amount of texting "normal" in teen relationships?
 - ◇ Is either one of them wrong for doing this?
 - ◇ How do you think he views what he's doing?
 - ◇ How do you think she views what he's doing?
 - ◇ How do **you** view what he's doing?
 - ◇ Is this a display of loving behaviors?
 - ◇ Is this a display of respectful behaviors?
 - ◇ How could this behavior be seen as controlling?
 - ◇ Do females do this too?

◆ Introduction of Teen Relationship Violence (TRV) (8-10 min)

- ◇ **Ask audience:** What do you think of when you hear the term "Teen Relationship Violence"?
- ◇ **TRV definition:** A pattern of actual or threatened acts of physical, sexual, and/or emotional abuse, perpetrated by an adolescent against a current or former dating partner. (Definition is on the slide in the video)
 - ◇ Break down and define each word: pattern, threats, abuse, partner, etc.
- ◇ **Statistic:** 72% of eighth and ninth graders reportedly "date". By the time they are in high school, 54% of students report dating abuse among their peers.
 - ◇ What is a peer?

◆ Introduction of Healthy v. Unhealthy Relationships. (10-15 min)

- ◇ Review Healthy v. Unhealthy Relationships Chart (Handout can be downloaded as part of this portfolio)
 - ◇ Audience reads one section at a time - both healthy and unhealthy. (Sections of each are on the slides in the video)
 - ◇ Review the facts/statistics.
 - ◇ [Show Consensual Sex PSA \(START @ 38sec, END @ 1min:45sec\)](#)
 - ◇ Who can tell us what consent means?
 - ◇ Can we still show sexual respect without sexual consent “forms?”
 - ◇ Remember that sexual consent can be revoked.
 - ◇ Does anyone have any questions about this Chart?
- ◇ **Activity:** How Does Music Influence my Relationship? (8-10 min)
 - ◇ 4 healthy lyrics, 4 unhealthy lyrics (Audience reads lyrics out loud and chooses where they fall under the Healthy v. Unhealthy Relationship Chart. Pause after each lyric is read to discuss as group.)
 - ◇ Slides will display the lyric to discuss and after the PAUSE will show answers of where the lyric falls on the Chart.
 - ◇ See Links Handout for sound clips of each song to play while students discuss among themselves.

◆ Refer back to “That’s Not Cool” PSA: (2 min)

- ◇ Audience discussion of PSA. Sample Prompt Questions (Questions are on the slide in the video):
 - ◇ After learning a little more about TRV, does this PSA show an unhealthy relationship? Is it an abusive relationship?
 - ◇ What are some examples of what the couple can do to communicate better?

◆ Unhealthy Relationship Diagram (5-8 min)

- ◇ [Show the “You Complete Me” Clip from Jerry Maguire \(START @ 20sec, Play until END\)](#)
- ◇ What does the expression “you complete me” or “my other half” really look like?
- ◇ Audience discussion of two half circles. Sample Prompt Questions (Questions are on the slide in the video):
 - ◇ Based on the definition of TRV and what the Chart says, is this potential for an abusive relationship?
 - ◇ Who has the control in this relationship?
 - ◇ What would it look like if they break up?

◆ Healthy Relationship Diagram (5 min)

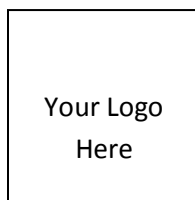
- ◇ Audience discussion of two full circles overlapping (Me, You, Us). Sample Prompt Questions (Questions are on the slide in the video):
 - ◇ Based on the definition of TRV and what the Chart says, why is this a healthier relationship than the one before?
 - ◇ What happened if these people break up?
 - ◇ Do they have time together and do things each other are interested in?

◆ **Moving forward: What now? (10-15 min)**

- ◇ Services at the FJC and local organizations.
- ◇ Students can get involved and **Take Action:**
 - ◇ Ask your school/group/program to start a peer education group to discuss issues relating to violence prevention.
 - ◇ Volunteer at a local domestic violence and or rape crisis center.
 - ◇ Post/tweet about healthy relationship concepts (ie pieces of the healthy relationship chart) on social media.
 - ◇ Post/tweet about TRV stats and where someone could get help.
 - ◇ Listen to your peers... if you are concerned for someone let them know and listen without judgment.
 - ◇ Lead by example: treat your partner with respect and show caring/loving behaviors.

◆ **Survey, Questions and Additional Handouts/Local Resources**

- ◆ Click [HERE](#) to take the Survey



Teen Coordinator at the Family Justice Center

The Family Justice Center (FJC) is currently hiring one part-time/full-time position: **Teen Coordinator**.

Overview of the Family Justice Center

State when your Center opened, what services are provided, the Center's mission and vision and any other important background information.

Teen Coordinator Position

Teen Coordinator position at the FJC will serve teen clients and provide outreach and education to teens in the local community about the services available at the FJC. Research on Teen Relationship Violence (TRV) indicates that teens experiencing dating violence are most likely to turn to informal sources of support, such as family and peers. Consequently, peer mentoring services are a promising avenue for providing help once teens are ready to seek services. (*The Center for Disease Control and Rand Health*) This position is intended to create that sense of comfort and familiarity by acting as the liaison between the teen clients and the Community Partners who provide them with the direct services.

Specific duties include:

- Provide advocacy-based support to teen victims of relationship violence and sexual assault at the FJC
- Schedule appointments with teen clients or meet with walk-in teen clients
- Conduct client intakes with a risk assessment and safety plan. Help clients understand all the services offered at the FJC
- Provide case management for new and returning clients
- Maintain and update client files and compile monthly input services and demographics statistics
- Coordinate program services and support from FJC community partners
- Conduct Exit Interviews/Outcome Surveys with clients

- Provide outreach to local churches, schools, and teen/youth groups about Teen TRV in general as well as educate and answer questions about the services offered at the FJC
- Utilize social media to educate and provide information about accessing the FJC for teens
- Work closely and cooperatively in a team setting with FJC staff and volunteers
- Participate in Volunteer/Intern training academy
- Participate in agency and group staff meetings, including discussion regarding direct services
- Other duties as assigned

Requirements:

- The ability to read, write and speak fluently in English is required. Fluency in Spanish is not necessary but is preferred
- A high school diploma and some college level courses in a related field is preferred; however one year experience in crisis intervention and relationship violence advocacy services with teens may be substituted for formal education.
- Applicant must show the ability and willingness to work independently and also collaborate as a team member with a culturally diverse team of staff, volunteers, and clients.
- Applicant must have some knowledge of human service delivery systems and systems advocacy responsibilities, and knowledge of the criminal justice system as it relates to relationship violence and related sexual assault.

Hourly Wage:

Preferred Start Date:

How to Apply:

Interview Questions for FJC Teen Coordinator Position

General

1. Tell us a little bit about yourself, your background and why you are interested in this position.
2. What do you know about the Family Justice Center and the services provided?

Experience with Teens

3. Briefly describe your experience working with teens.
4. What experience do you have doing outreach? (Contacting schools and organizations, event planning, following up, etc.)
5. What experience do you have doing prevention work? (Trainings, developing curriculum, etc.)

Experience with Direct Services

6. What is your experience with case management?
7. How comfortable are you working with clients who are in crisis?
8. What work have you done that involved working with sensitive or confidential issues?

Administrative Skills

9. Much of this position involves “back end” work such as data entry, creating flyers, managing files, making phone calls, along with actually meeting with clients. Are you comfortable and/or interested with this type of administrative work? Describe any experience you have that will help you with this.
10. Tell us how you’ve managed multiple projects with multiple deadlines. What do you do to organize your workday?
11. Describe something you worked on that involved a lot of detail, and how you handled it.
12. Describe your computer experience including applications used (MS Word, Excel, etc.). Also what design programs you have used if any (Illustrator, Publisher, Photoshop, etc.)

Miscellaneous

13. What social networking tools would you implement to raise awareness about relationship violence and the Family Justice Center?
14. Do you speak any other languages?
15. What is your availability? What hours and days are you available?
16. Finally, what questions would you like to ask us?



Community Programs/ Providers Resource and Assessment Tool

Agency Name: _____ Date _____

Program Name: _____

Agency address: _____
Street City Zip

Agency Website: _____

Hours of Operation: _____

Contact Person: _____ Job Title: _____ Email: _____

Contact's Phone & FAX#s (p) (____) _____ (f) (____) _____ Agency phone #: (____) _____
Area code Area code Area code

What contact information can be provided to the public? _____

County/Region (check all that apply):

___ Central ___ South ___ North ___ East

Areas Within the County Served: _____
Neighborhood/area of city

What type of Service Provider are you? (check all that apply)

___ Civil Legal ___ Law Enforcement ___ Prosecution ___ Advocacy ___ Medical ___ Mental Health

___ Faith Based ___ Military ___ Housing/Shelter ___ Public Benefits ___ Workforce Development

___ Prevention/Education ___ Other: _____

1a. Which populations do you primarily serve?

check all that apply

___ African Amer ___ 11 yrs. & under ___ Female
___ Asian/Pacific Islander ___ 12-14 yrs. ___ Male
___ Latino/Hispanic ___ 15-18 yrs.
___ Amer Indian ___ 19-24 yrs.
___ White ___ 25 – 34 yrs.
___ Other _____ ___ 35yrs. and above

1b. What languages are used in your program?

___ English ___ Spanish ___ Tagalog ___ Chinese
___ Vietnamese ___ other: _____



2. Does your program currently address any of the following topics? If so, please indicate whether it is with teens, adults, or both.

TOPICS	TEENS/ YOUTH	ADULTS	NOTES
Intimate Partner Violence/ Teen Relationship Violence			
Sex Education			
Sexual Assault			
Youth Empowerment (Peer mediator groups, etc.)			
Sexual Orientation			
Other			

3. Which types of services are offered as a part of your program?

	TEENS/ YOUTH	ADULTS	NOTES
Mental Health			
- 1:1 Counseling			
- Group Therapy			
- Other:			
Education/ Prevention			
- Peer Education			
- Presentations			
- Multi-Session presentations			
- On-line education			
- Scope of Education			Ex: Healthy relationships, HIV Prevention, Etc.
- Mentoring			
- Tutoring			
- Media campaign			
- Other:			
Training			
- Adult staff			
- Peer educator			
Legal Services			
- Legal rights information			
- Restraining Orders			
- Other:			
Faith Based Services			
			Explain these services
Workforce Development			



- Job prep			
- GED			
Gang Violence			
- Prevention			
- Intervention			
Parenting Services			
- Parenting Skills			
- Child Care			
- Other:			
Housing/ Shelter			
- Shelter			
- Transitional Housing			
- Other:			
Advocacy			
- Case Management			
- Safety Planning			
-Risk Assessment			
Medical			
- Wellness Checks			
- Other:			
Public Benefits			
- WIC			
- TANFF			
- Other			
Other			

4. Identify other agencies/organizations you collaborate with and/or refer participants to?

5. Do you have a Community Services referral guide that you currently use? __Yes __No

a. What organization produced or published this referral guide?

c. Would you like a copy of this referral guide when it's completed? __Yes __ No

6. Does your organization/agency work on-site, offsite, or both? (Ex: at your office, at a school, etc.)

7. Does your organization/agency accept walk in clients, appointments, or both? If so, do the types of services differ?

8. What sources of payment does your organization/agency accept, if any?

9. What type of transportation information should clients know about when traveling to your facility? (ie. trolley stop, parking, building entry, etc.)



10. Can the FJC refer clients to your agency?

- a. Is there any other type of referral information about your organization/agency? (forms, slips etc)
- b. Are you willing to refer *to* the FJC? - (Queue to script)

Thank You for helping us document resources and assets in your community!



SD COMMUNITY RESOURCE LIST FOR TEENS – PHONE SCRIPT

Hi. My name is _____ and I am with the _____ *Family Justice Center*. I am one of the new teen justice coordinators at the center who will be working to expand our services to youth. Currently, we are putting together a community resource list that we can offer to teens and professionals seeking specific services and are gathering information from various local agencies.

I learned of your agency from the _____ and was able to gather some information from your website. I am calling today to confirm a few details about your agency and the different programs and services that you provide. Is there someone within your agency that has a few minutes to talk? I am happy to call back at a time that better fits your schedule.

Thank you so much for your time. Essentially, I am hoping to confirm some information about your agency so that the _____ Family Justice Center may refer to your services as a resource for clients. If you don't mind, I will be asking you a few brief questions and writing down your responses for use in developing an effective resource guide.

- *Use the Community Resource Assessment Tool (CRAT)*
- *Confirm questions 1-9*
- *Follow remaining script for information on referrals (question 10, a and b)*

Also, if your agency is open to receiving referrals, we would love to refer clients needing specific services provided by your agency.

----*"yes, we would like to receive referrals from your agency"*-----

Excellent. Is there anything we need to know about your referral procedure? How would you like us to make referrals to your agency? Are there any other eligibility requirements we should know about before referring our clients?

Lastly, the Family Justice Center would love to be used as a resource for your clients. If you are interested in making referrals to our agency I would like to tell you a little more about the services we provide.

----*"yes, we are interested in making referrals to the FJC"*-----

Awesome. Here at the Family Justice Center, we serve victims of family violence, domestic violence and sexual assault by co-locating multiple agencies under one roof. The services that we provide include counseling, legal aid, risk assessment, safety planning and work development. Teens that come to the center can receive these services in addition to having confidential communications with me as the teen justice coordinator. If there are any services at our agency that could aid your clients we greatly welcome all referrals. If you would like to make a referral, please contact the _____ Family Justice Center at _____.

Thank you so much for helping the Family Justice Center with this resource guide and agreeing to make referrals so that we can better meet the needs of our community. We greatly appreciate your time and efforts.

Is this Healthy?

Your partner is upset because...

- ∞ You hung out with a friend instead of them
- ∞ You are busy and haven't texted them back
- ∞ You want to take things slower than they do
- ∞ You were asleep and missed their call
- ∞ You want to spend some family time

If you or someone you love is experiencing this type of relationship you are not alone.

1 in 3 teens is a victim of an abusive relationship.

Visit the Family Justice Center for help.

**confidential communication with staff - counselors -
legal professionals - medical professionals**

**1122 Broadway
Suite 200
San Diego, CA, 92101
1-619-533-6000**



**Or call The National
Dating Abuse Hotline
1-866-331-9474**

Project of the National Family Justice Center Alliance, Funded by Verizon Foundation

The Family Justice Center

Serves victims of family violence, domestic violence, sexual assault & teen relationship violence by co-locating multiple agencies under one roof!

- ∞ Confidential communication with staff
- ∞ Professional counselors
- ∞ Legal aid
- ∞ Medical professionals

If you or someone you love might be experiencing an unhealthy relationship you are not alone.

1 in 3 teens is a victim of an abusive relationship.

YOU DESERVE BETTER!

Visit the Family Justice Center for help.

**1122 Broadway
Suite 200
San Diego, CA, 92101
1-619-533-6000**



**Or call The National
Dating Abuse Hotline
1-866-331-9474**

Project of the National Family Justice Center Alliance, Funded by Verizon Foundation



Healthy Relationship Forum

Survey Questions

Please read each question carefully and respond based on your feelings BEFORE and AFTER today.

1. **Before** today, I would be able to provide information about relationship violence and/or the Family Justice Center to help a friend who is in an abusive relationship.

Certain			Not at all likely	
5	4	3	2	1

2. **After** today, I would be able to provide information about relationship violence and/or the Family Justice Center to help a friend who is in an abusive relationship.

Certain			Not at all likely	
5	4	3	2	1

3. **Before** today, I would visit a Family Justice Center or other organization that provided services to those in abusive relationships to learn more about available services and support.

Certain			Not at all likely	
5	4	3	2	1

4. **After** today, I would visit a Family Justice Center or other organization that provided services to those in abusive relationships to learn more about available services and support.

Certain			Not at all likely	
5	4	3	2	1

5. **Before** today, I would share information with school officials if I needed help or my friend needed help.

Certain			Not at all likely	
5	4	3	2	1

6. **After** today, I would share information with school officials if I needed help or my friend needed help.

Certain			Not at all likely	
5	4	3	2	1

7. **Before** today, I would share information with my friends about the signs of an unhealthy and healthy relationship.



Certain			Not at all likely	
5	4	3	2	1

8. **After** today, I would share information with my friends about the signs of an unhealthy and healthy relationship.

Certain			Not at all likely	
5	4	3	2	1

9. **Before** today, I would share or post information about the signs of an unhealthy and healthy relationship on social networking sites.

Certain			Not at all likely	
5	4	3	2	1

10. **After** today, I would share or post information about the signs of an unhealthy and healthy relationship on social networking sites.

Certain			Not at all likely	
5	4	3	2	1

11. **Before** today, I would participate in a local peer education group or relationship violence outreach event.

Certain			Not at all likely	
5	4	3	2	1

12. **After** today, I would participate in a local peer education group or relationship violence outreach event.

Certain			Not at all likely	
5	4	3	2	1

13. **Before** today, I would volunteer at a local Family Justice Center or anti-relationship violence organization.

Certain			Not at all likely	
5	4	3	2	1

14. **After** today, I would volunteer at a local Family Justice Center or anti-relationship violence organization.

Certain			Not at all likely	
5	4	3	2	1