Strangulation Quick Reference Guide

- ☐ How and where was the victim strangled?
- ☐ One Hand (R or L) Two hands, Forearm (R or L), Knee/Foot, Ligature (Describe)
- ☐ How long? _____ seconds _____ minutes
- ☐ Was the victim smothered?
- ☐ From 1 to 10, how hard was the suspect's grip? (Low) 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 (high)
- ☐ From 1 to 10,how painful was it? (Low) 1, 2 ,3 ,4 ,5 ,6 ,7 ,8 ,9 ,10 (high)

  Multiple attempts:_____ Multiple methods:_____
- ☐ Was the victim shaken simultaneously while being strangled? Straddled?
- ☐ Held against wall?
- ☐ Was the victim's head being pounded against wall, floor or ground?
- ☐ What did the victim think was going to happen?
- ☐ What caused the strangulation to stop?
- ☐ Any prior incidents of strangulation? Prior domestic violence? Prior threats?

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Document All Findings in an Appropriate Report or Chart

Face	Eyes & Eyelids	Nose	Ears	Mouth
☐ Red/flushed ☐ Petechiae ☐ Scratches	☐ Petechiae R/L eye ☐ Petechiae R/L lid ☐ Bloody conjunctiva	☐ Nosebleed ☐ Deformity ☐ Petechiae (in or on)	☐ Petechiae (in or on) ☐ Bleeding from ear canal	☐ Bruising ☐ Swollen tongue/lips ☐ Cuts/abrasions
Under Chin	**Neck**	**Shoulders**	**Chest**	**Head**
☐ Redness ☐ Scratches ☐ Bruising ☐ Abrasions	☐ Redness ☐ Scratches ☐ Bruising ☐ Abrasions ☐ Edema (swelling) ☐ Fingernail impressions ☐ Ligature marks	☐ Redness ☐ Scratches ☐ Bruising ☐ Abrasions	☐ Redness ☐ Scratches ☐ Bruising ☐ Abrasions	☐ Petechiae ☐ Missing hair ☐ Edema ☐ Fractures ☐ Concussion
Breathing Changes	**Voice Changes**	**Swallowing Changes**	**Behavioral Changes**	**Other**
☐ Difficulty Breathing ☐ Hyperventilation ☐ Unable to breathe	☐ Raspy Voice ☐ Hoarse Voice ☐ Coughing ☐ Unable to or difficulty speaking	☐ Trouble swallowing ☐ Painful swallowing ☐ Neck Pain ☐ Nausea/vomiting ☐ Drooling	☐ Agitation ☐ Amnesia ☐ PTSD ☐ Hallucinations ☐ Combativeness	☐ Dizzy ☐ Headaches ☐ Fainted ☐ Urination ☐ Defecation