The Best of the Best of the Two-Day Expert Course





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Your Hosts Today







Creating Pathways to HOPE

Thank You to the Office on Violence Against Women





Allison Randall Acting Director

Kevin Sweeney Program Manager

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Creating Pathways to HOPE

Goals for the Training Institute

- Increase public **AWARENESS**
- Improve **POLICY** and **PRACTICE** among legal, medical, and advocacy communities;
- Improve **OUTCOMES** for victims
 - Immediate Safety,
 - Long Term Health
 - Offender Accountability to Prevent Homicides
- EDUCATE professionals working with strangled victims
- **MULTIPLY** field's capacity and expertise;





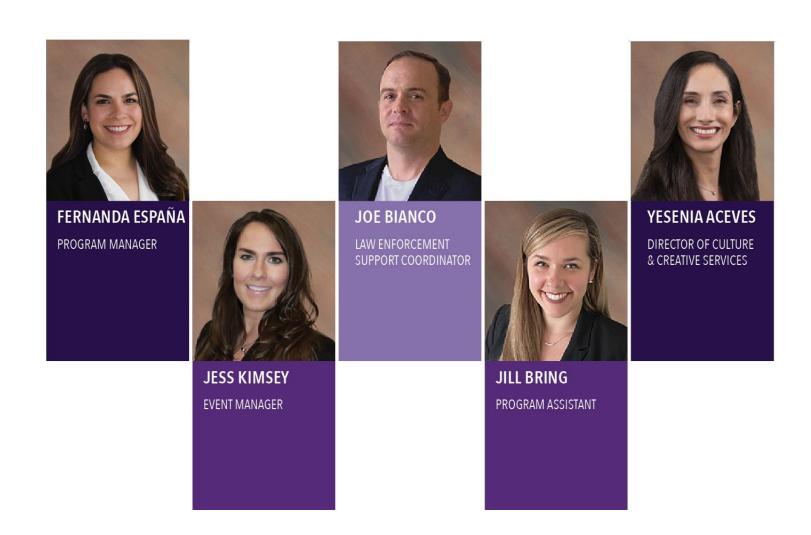
a program of Alliance for HOPE International

We had an amazing faculty, attendees & the best Team





The Institute Team



Casey Gwinn, Esq., President & Co-Founder Alliance for HOPE International Casey@allianceforhope.com





Michelle Morgan Director/President, One Safe Place Ft. Worth





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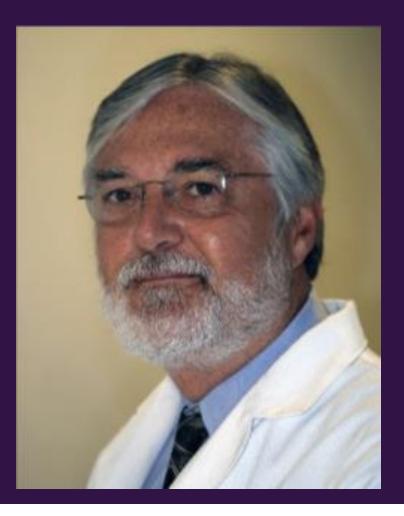




Dr. William Green, FACEP

Chair, Medical Committee Former Medical Director, California Clinical Forensic Medical Training Center

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Laura Zimm, J.D. Assistant Public Defender Sixth Judicial District

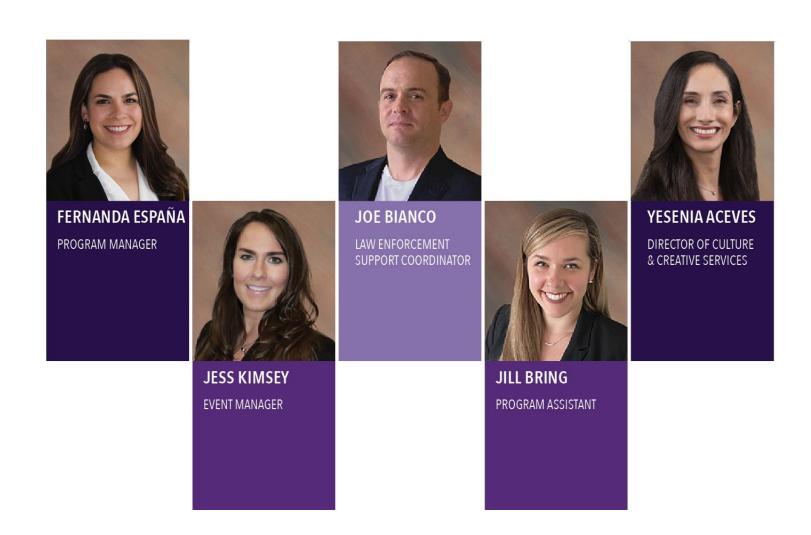
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The Institute Team







TRAINING INSTITUTE ON STRANGULATION PREVENTION EXPERT WITNESS COURSE ON NON-FATAL STRANGULATION CLASS #2 FEBRUARY 2023, FORT WORTH, TX



Agenda: Day 1

- Welcome, Introductions & Overview
- Legal Update
- Medical Update
- Lunch (on your own)
- Breakout into Affinity Groups & Report Out
- Defense Perspective
- Panel Discussion
- Questions & Wrap Up
- Networking



Agenda: Day 2

- Reflections & Review of Homework
- Preparation is Key
- Pre-Trial Hearing
- Demonstration & Practice
- Breakout & Practice
- Breakout & Practice
- Report Outs, Final Demonstration & Discussion



Questions attendees wanted answered during the training

- Does loss of consciousness amount to great bodily injury?
- Why no visible injury yet still serious?
- Use of terms and definitions
- How to prepare & build confidence?
- What to keep or delete from CV?
- List of questions that need to be answered
- Studies to read, Cases to know & Common defenses
- Why are so many strangulation cases being dismissed by prosecutors when victims recant or don't want to testify?
- What about imaging for children?

The Basics

Jerry Fineman



What do you need to know about testifying in court:

- Legal Standards
- Local Rules
- Qualification Who can testify?
- Scope of Testimony
- Preparation
- Pre-Trial Motion
- Direct & Cross Examination
- Follow-up with the DA for feedback
- Staying Current



Who can testify?

We have sample transcripts.





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Dr. William Green

My first time testifying



Cat Otway, Forensic Nurse First Time Testifying



Joe Bianco, Ret. SDPD Detective

First Time Testifying



Growing List of Experts

- Emergency room physician Specialist
- Medical Examiner
- Certified Forensic Pathologist
- Former prosecutors
- Former DA Investigators
- Former Defense Attorneys
- Forensic/SANE nurse
- Paramedic
- DV Detectives/Law enforcement officers
- Advocates



In the works : A compendium of Case Summaries involving Experts in Strangulation Cases Gael Strack



ER physicians, forensic nurses and paramedics are generally presumed qualified to testify. Institute Emerging Trends



Patrol officers, Detectives and DA Investigators – will always testify as percipient witnesses and may not need to show specialized training in strangulation if they are familiar with the use of the VNR or chokehold and/or strangulation training is part of their academy training

Defense attorneys will do their job and seek to keep your experts out – follow the local rules. Given them plenty of notice and even an affidavit of your witness's testimony.



Daubert/Kelly-Frey Hearings are not necessary for medical testimony...but anticipate them. Most jurisdictions have at least one. It will depend on the quality of the prosecutor's argument and brief as well as the judge. The law is on our side. Strangulation is beyond the expertise of the public – manual and/or ligature. Expert testimony strangulation is helpful. Medical testimony is not legally necessary but highly recommended

Jean Jordan's Transcript



1	IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA
2	IN AND FOR THE COUNTY OF YOLO
3	HON. TIMOTHY L. FALL, DEPARTMENT TWO
4	000
5	PEOPLE OF THE STATE OF
6	CALIFORNIA,
7	Plaintiff.) Case No 12-2423
8	vs.) COPY
9	JESUS CISNEROS,
10	Defendant.
11)
12	REPORTER'S TRANSCRIPT
13	
14	EXCERPT OF PROCEEDINGS
15	00



Cross Examination Questions by Defense Attorney

- So you consider yourself qualified to testify on domestic violence and it effects?
- But bottom line you have a juris doctorate (you're an attorney)? You're not a MD.
- You haven't worked with victims recently?
- You've primarily been a prosecutor?
- You currently work at the CDAA?
- You worked to pass the law on strangulation?
- What specific training did you receive from the Institute?
- Do you actually provide the training?
- What are the signs and symptoms of strangulation?
- You only started training on strangulation recently?



FIVE MYTHS ABOUT STRANGULATION

Prepared by Gerald Fineman, Assistant District Attorney, Riverside County, and Dr. William Green, Medical Director, California Clinical Forensic Medical Training Center/ CDAA

MYTH

STRANGULATION AND CHOKING ARE THE SAME THING

FACT

STRANGULATION is the <u>external</u> application of physical force that impedes either air or blood to or from the brain.

CHOKING is an internal obstruction of the airway by a foreign object.

SOLUTION

Use a diagram.

Compare to the flow of electrical current.

Compare to the flow of air/water through a closed system (fish tank).

MYTH STRANGULATION

ALWAYS LEAVES VISIBLE INJURIES

FACT

Studies show that over half the victims of strangulation lack visible external injury. A victim without visible external injury can still die from strangulation.

SOLUTION

Demonstrate cutting off blood flow to your fingertips by squeezing your wrist with your other hand. Upon release of the grip, you will likely have no identifiable marks. If you do, they will be very short in duration.

MYTH

IF THE VICTIM CAN SPEAK, SCREAM, OR BREATHE, THEY ARE NOT BEING STRANGLED

FACT

Since strangulation involves obstruction of blood flow, a person can have complete obstruction and continue breathing until the moment they die from lack of oxygenated blood flow to the brain.

SOLUTION

Again, grab your wrist and squeeze. You can still breathe, yet blood flow is obstructed to the fingertips. If this was the victim's neck, they could still have an open trachea (windpipe) but have lack of blood flow to the brain.

MYTH

STRANGULATION CANNOT BE HARMFUL BECAUSE MANY PEOPLE PRACTICE IT (MARTIAL ARTS, MILITARY, LAW ENFORCEMENT)

FACT

Martial arts are a form of combat. The military and law enforcement use strangulation as a lethal form of force.

RISK

There are numerous incidents of death resulting from strangulation. This can even occur during otherwise supervised events, such as sporting events, law enforcement training, etc.

MYTH

STRANGULATION VICTIMS SHOULD BE ABLE TO DETAIL THEIR ATTACK

FACT

<u>Trauma</u> impacts the brains ability to store memory. In addition, the hippocampus (part of the brain where memory is stored) is the most sensitive to oxygen deprivation.

When a victim is strangled, both factors can impact the ability to recall.

SOLUTION

Give the example of how limiting the flow of electricity to a digital recording device will prevent it from recording.



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Strange a tion to the publication of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

Tip for Preparation: Watch Jerry's Five Myths about Strangulation

https://www.facebook.com/page/2086416814983449/search/?q=fineman%20tips



Training Institute on Strangulation Prevention was live. July 1, 2020 · 🕄 Jerry Fineman shares some of top tips for prosecutors handling non-fatal strangulation cases. Strangulation is the most lethal form of violence and stranglers are the most dangerous of offenders. Strangulation is the last warning shot before a homicide





...

Some favorites cases involving officer testimony



Officer should have been called as an expert - specialized training

- State v. Hampton, 2018 WL 4055659 Unpublished
- Guilty of Felony assault. NG of misdemeanor. 36 months stayed.
- V testified D put his arms around her throat and picked her up off her feet. Could not breathe. Clawed her way out of his grasp. Escaped outside, friend called 911.
- Appealed expert testimony of officer & sentencing.
- O testified strangulation injuries "often appear less distinct in photographs and videos than to the naked eye" based on "training in domestic assault by strangulation at the Institute on Strangulation Prevention in San Diego" and his experience, 50 calls involving DV rangulation.

Officer should have been called as an expert - specialized training

- State v. Hampton, 2018 WL 4055659 Unpublished
- His testimony was both as percipient & expert witness.
- To the extent the officer testified based on specialized training, his statements constituted expert testimony for which advance disclosure was required
- State should have disclosed he was an expert. Failure to do so amounted to plain error.
- But ok to admit evidence that was within the scope of his observations & experience.
- Overall, no error given the weight of the evidence.



Great use of the patrol officer's training on the use of the VNR

- Maxwell v. State (Feb 2019) 348 Ga. App. 870
- Officer trained to use of chokehold as a defensive tactic
- Hold can render someone unconscious by restricting the blood flow to the brain
- Using the prosecutor in a demonstration, the Officer showed the jury the type of chokehold he saw the D apply on the V.
- He testified that the chokehold the D applied is dangerous, can cause LOC and Death.
- If not applied correctly, the hold could crush the trachea and kill the V
- At trial V recanted. D claimed self defense and he was just trying to calm her down.



LEO more knowledgeable about strangulation than treating physician

- State v. McGinnis, 2020 WL 1173567
- Officer Marion Mickey from NOPD investigated two incidents of DV involving victim: Nov 2017 when she jumped out of the car to avoid being beaten and Dec 2017. Trial 2 years later.
- Dr. White failed to identify strangulation.
- Mickey specifically asked if she was strangled. Testified about the signs and symptoms associated with strangulation and what they are trained to look for. Observed red marks to the shoulder and red bloodshot eyes. Method was a chokehold.



Detective qualified as an expert.

- State v. Wagner, 319 Or.App. 399 (Oregon, 2022)
- Investigating Detective was permitted to testify as an expert in a strangulation case.
- She testified that strangulation blocks oxygen from getting to the brain and can cause loss of consciousness.
- Some of the signs include petechiae and bruising. Other signs are not visible, including dizziness, nausea and urination. Not every victim shows the same signs and some victims may not have any visible injuries.
- She explained a strangled victim can urinate or defecate after strangulation. When someone urinates that victim is as close to death as the victim can get without actually dying.



Daubert Hearing Not Required; Experts

Oliver vs. State of Oklahoma, 2022 WL 3275072

- Forensic Nurse Keri Thompson and Det. Edward Mosier provided expert testimony in a case where Defendant strangled his victim with a ligature causing petechiae to the scalp and her right eye.
- Key findings of the case:
 - 1) expert testimony on strangulation is NOT subject to Daubert hearing as it does not involve novel scientific knowledge;
 - 2) strangulation injuries are well-documented in medicine and are wellknown to the medical professionals;
 - 3) Reference to Rossen Study of 1942 could hardly be viewed as novel scientific evidence; and
 - 4) Mosier received special training regarding these injuries sufficient to qualify as an expert.
- Defendant testified and claimed the victim lied. While the court of appeal found the trial court erred in its jury instruction, the error was harmless given the "evidence was overwhelming." Conviction and sentence upheld.



Negative scans are not detrimental to the case



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Imaging Modalities Used to Evaluate Strangulation

- Head/Neck CT (Computed Tomography) Scan
- Best for bone and cartilage injury; some soft tissue detail
- NOT adequate for arterial injury
- May identify some acute brain injuries
- Neck CTA (Computed Tomographic Angiography)
- Gold Standard for evaluating potential arterial injury
- Includes the advantages of basic CT scan
- Widely available 24/7
- Neck MRI (Magnetic Resonance Imaging)
- Best for identifying soft tissue injury and bleeding
- May identify some arterial injuries (not as good as CTA)
- Availability may be limited; more expensive than CT or CTA
- Neck MRA (Magnetic Resonance Angiography)
- Nearly equivalent to CTA for arterial injury
- Includes the advantages of regular MRI
- Same logistic and financial limitations as basic MRI



People v. McClendon 2015 Cal. App. Unpub. LEXIS 6422

- Pretext call with admissions.
- Letters from jail. Witness intimidation.
- D represented himself.
- D convicted of rape and PC273.5 but not attempted murder.
- SART nurse testified as an expert (and no objection). All symptoms were consistent with strangulation.
- CT scan is the standard practice for strangulation. Even though CT scan was negative, it doesn't mean she wasn't strangled.



Negative CT Scan not detrimental.

- Lewis v. State, 215 So.3d 994 (2017. Miss.)
- V cooperative at trial D choked me with both hands, continuous pressure, got tighter and unable to breathe, LOC.
- V escaped and drove herself to the hospital. Very upset, red marks to face, ear and neck. Redness in each of her eyes later diagnosed as petechiae. CTA negative.
- Police called. D contacted. Partial admissions, but mostly claimed self defense. D had scratches on his arm. LEO believe consistent with V defending herself.
- Dueling medical experts (physicians) testified differently about petechiae. Treating physician said it was petechiae.
- D expert testified it wasn't petechiae but conjunctivitis due to sinuses. Nevertheless, jury found D Guilty. 7 years.
- D appealed on sufficiency no obstruction. Evidence overwhelming.



Strangulation charged as Attempted Manslaughter

• State v. Diaz (2017, LA) 2017 WL 3887341 unpublished

- V choked twice, causing her to lose consciousness. Second incident he stuffed a plastic bag down her throat. V ran out of the house. Called 911 from a bus.
- The 911 operator told the V to get off the bus because she just called paramedics and she needed to be examined.
- The paramedics tracked down the V and convinced her to be transported to the hospital.
- The officers met the victim at the hospital.
- The doctor ordered a CAT scan despite NO visible injuries. CAT negative.
- The prosecutor called Dr. Heather Murphy-Lavoie as the treating physician and an expert.
- Dr. testified that "there were no observable injuries to the victim neck, nor did the V report any problems with her breathing or ability to swallow.
- External injuries are commonly NOT observed in cases of strangulation, which was the basis for order a vascular CAT scan for the victim."
- Despite the v recanting, the prosecutor continued with the case and won.
- The judge sentenced D to 8 year for strangulation and 10 years for attempted manslaughter.



Negative CAT Scan – Didn't matter

- Roman v. State, 2020 WL 5230467 (Maryland)
- V brutally beaten and strangled. Extremely fearful. Patrol officer called the paramedics. V repeated said - he's going to find me and kill me.
- CAT Scan of the head.
- V recanted at trial. Predictable.
- D attorney emphasized all the "NOs" from Esperanza
- Prosecutor did not argue the difference between a CAT Scan of the head versus the neck, nor CAT/CTA
- Also didn't even rebut defense's argument that a negative scan means a no strangulation.
- Unclear as to the testimony of the experts not all of it was included in the opinion.
- Appeal upheld.



Dr. Green



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Two Types of Expert Testimony in Strangulation Cases

- Case facts not known by the expert
 - Most common
 - General education for the jury regarding strangulation mechanisms and risks
 - Larger pool of potential experts
- Case facts reviewed and analyzed
 - Detailed analysis of the case materials
 - Generally requires experienced physician or very knowlegeable NP or PA



Case Facts not Known by the Expert

- Strangulation 101- basic education
 - Anatomy and physiology related to strangulation
 - Pertinent terms and definitions
 - Mechanisms and pathophysiology of strangulation
 - Time frames for impairments and death
 - Symptoms and physical findings in strangulation
 - Implications and interpretation of a normal exam
 - Criteria and discussion of life-threatening strangulation
 - Hypothetical questions for clarification



Case Facts Reviewed and Analyzed by the Expert

- Strangulation 101- basic education
- What materials did you review?
- What is the level of consistency between the history of events and the physical findings?
- Was this a life-threatening event?
- Explain the foundation(s) for your opinions
- Differential diagnoses and alternative explanations for the symptoms and findings





Medical and Forensic Issues

William M. Green, MD, FACEP Clinical Professor, Emergency Medicine UC Davis Medical Center (retired) Medical Director California Clinical Forensic Medical Training Center (retired)

A REVIEW OF 300 ATTEMPTED STRANGULATION CASES PART I: CRIMINAL LEGAL ISSUES

Gael B. Strack, JD,* George E. McClane, MD,[†] and Dean Hawley, MD[‡]

The Journal of Emergency Medicine, Vol. 21, No. 3, pp. 303-309, 2001

- Part of the landmark 2001 series analyzing strangulation
- 300 misdemeanor DV strangulation cases submitted for prosecution analyzed for supporting signs and symptoms
- Data was abstracted from police reports
- Selected findings
 - No symptoms documented 67%
 - No visible injuries 151/300 = 50%
 - Injuries "too minor to photograph" 35/300 = 12%
 - Injuries visible on photograph 45/300 = 15%
- Note: This was a retrospective review of documented history and physical exam findings by law enforcement officers with questionable medical experience and training

Visible Neck Findings after Strangulation

UC DAVIS SAFE Database

5148 Sexual Assault Forensic Exams (1991-2010)

- Sacramento County only
- 791 SA victims also strangled (18%)
- Visible neck injuries and findings: 262/791 (33%)
 - 90 Abrasions (11%)
 - 108 bruises (14%)
 - 3 lacerations (<1%)
 - 4 stab wounds (<1%)</p>
 - 102 documented redness (non-specific) 13%

Investigation and Prosecution of Strangulation Cases 2020

INVESTIGATION AND PROSECUTION OF STRANGULATION CASES

California District Attorneys Association

CDAA

Chapter 5

Medical and Forensic Evaluation in Non-Fatal Strangulation Cases

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• Absence of visible neck findings

- Very common (range 31%-50%; median 49%) [5 refs]
- 20%-40% of strangulation homicide victims have no visible neck findings despite being strangled to death Gill (2013), Luke (1967)

Fundamental myths regarding strangulation:
 No neck findings = no strangulation...FALSE
 No neck findings = no crime...FALSE
 No neck findings = no need for evaluation...FALSE
 No neck findings = no medical danger...FALSE

Cross Examination Challenges Focused on Strangulation

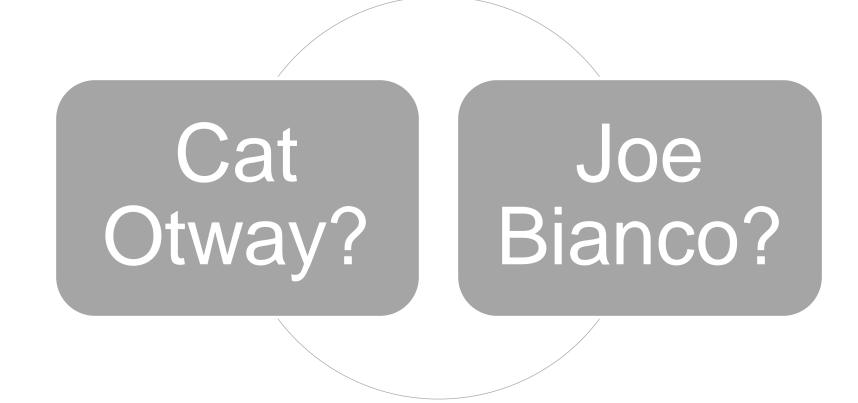
No visible neck injury = no strangulation

- This is inaccurate and a common misconception
- 50%, or more, of strangled victims will have no visible neck findings (my training and CDAA manual)
- 20%-40% of fatal strangulation cases to have no visible neck injuries (Gill [2013], Luke [1967])
- Autopsies in these fatal cases often reveal injuries deep in the neck tissues that are not apparent on the skin but prove strangulation as cause of death

Cross Examination Challenges Focused on Strangulation

- Minor visible neck injury = nothing serious
 - Inaccurate and common misconception
 - Serious, life-threatening or fatal injuries may be below the skin surface and not visible
 - From a medical decision standpoint, it may be disastrous to the patient (and create a serious malpractice risk) for the healthcare provider to assume that lack of visible injury or minor superficial injury excludes the potential of deeper life-threatening damage.

How different disciplines can answer this question?





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Force Required to Close or Injure Airway and Vascular Structures in the Neck

How many pounds of pressure are needed to:

- Compress the carotid arteries and stop blood flow?
- Compress the vertebral arteries and stop blood flow?
- Compress the jugular veins and stop blood flow?
- Compress the upper airway structures and halt the intake of air?

Brouardel, Paul Camille Hippolyte. La pendaison, la strangulation, la suffocation, la submersion

Paris, Librairie J.B. Baillière et fils, 1897. Cote : 49881

- Pressure to stop carotid blood flow = 5 Kg (11 lb)
- Pressure to stop vertebral blood flow = 30 Kg (66 lb)
- Pressure to stop jugular vein blood flow = 2 Kg (4.4 lb)
- Pressure to stop upper airway air flow = 15 Kg (33 lb)

Note: the researchers tied a rope around the neck of a supine cadaver and attached it to a dynamometer to measure the pressures to close the vascular and airway structures (in pounds not PSI)

Strangulation Pathophysiology

- Caveats regarding "Amount of Force"
 - Initial measurements from 1897 French anatomy text
 - MANY variables
 - Most important:

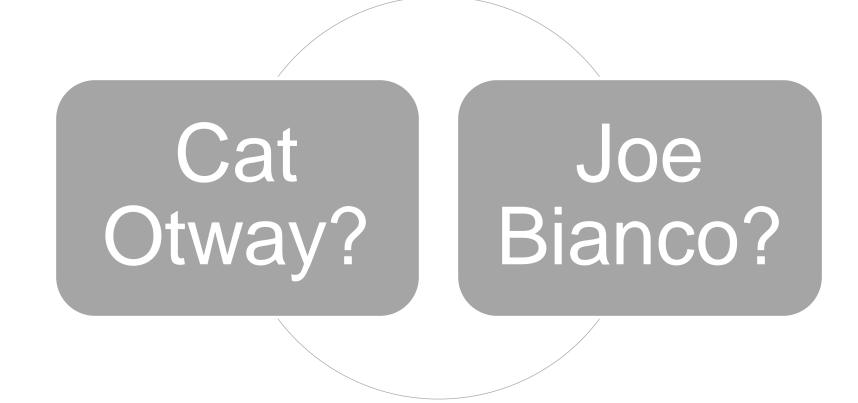
Relative forces in different mechanisms and areasAll injuring forces are small (vs common activities)

Grip Strength



- Average maximum grip (adult) = 100-120 pounds
- Firm handshake =
 60-80 pounds
- Opening a "pop top"=
 20 pounds
- Trigger pull = 6 pounds

How different disciplines can answer this question?





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Define Petechiae



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Congestive Petechiae

- Sustained compression of veins impedes venous return from the drainage area and causes venous pressure to increase
- Capillaries and venules rupture
- Multiple tiny red spots appear (1-2 mm)
 Non polyable (or "flot" con't fool them on a
 - Non-palpable (or "flat"- can't feel them on exam)
 - Non-tender (no discomfort when touched)
 - Do not blanch (temporarily change color when touched)
 - Usually appear in crops or clusters (may be diffuse)

Geographic petechiae

- 20-30 seconds of bilateral, sustained occlusion of all 4 jugular veins may produce geographic petechiae above ("upstream" from) the level of compression
- Formation of petechiae requires ongoing arterial flow while the veins are occluded...if arterial flow is stopped, petechiae will not be produced
- Very significant forensic finding after strangulation
 Confirms neck compression for at least 20-30s
 Consistent with life-threatening strangulation
- Commonly reported (range 5%-54%; median 22%)



Examples of geographic petechiae



Day 1



Day 2



Day 30



Sub-conjunctival hematoma

- Created by the same mechanism and in the same time frame that produces geographic petechiae
- Ruptured vessels in the very lax layers below the conjunctiva continue to bleed to form visible hematomas due to lack of tissue containment









Figure 2. Bilateral subconjunctival hemorrhages. Used with permission of Adam S. Nielson, MC, USA, Madigan Army Medical Center, Pt. Lewis, WA.

- Generalized petechiae may be produced by many nonassaultive, non-asphyxial activities: increased pressure in the chest a/o abdomen decreases venous inflow to the heart which increases pressure in veins
 - Valsalva straining activities
 - Vigorous coughing, sneezing or vomiting
 - Straining during labor and delivery or heavy lifting
 - Smothering
 - Positional, mechanical or traumatic asphyxia
 - Assailant sits on victim's chest/abdomen while manually strangling her...result may be mixed petechial pattern
 - Generalized petechiae may be found anywhere (including head and neck)

Petechiae Caveats

Strangulation

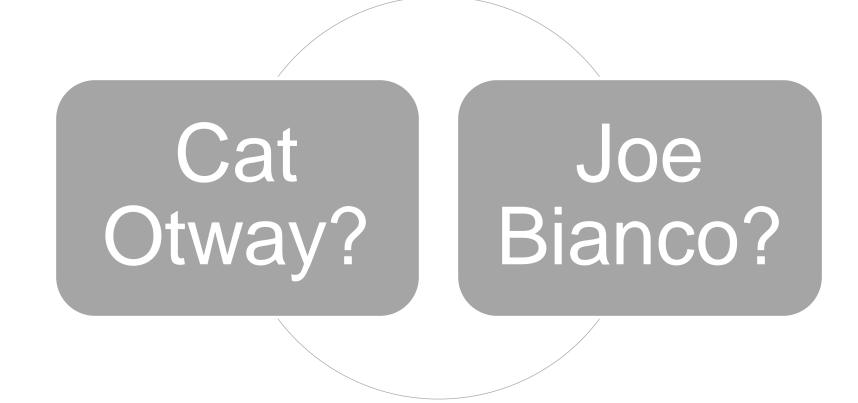
Petechiae above level of constriction

Suffocation/ Smothering/ Positional Asphyxia

Petechiae can be more diffuse

- Medical conditions and diseases can produce
 Vascular Petechiae without trauma or compression
 - Platelet abnormalities
 - Low platelet count (thrombocytopenia) ITP, DIC
 - >Abnormal platelet function (VWD, drugs)
 - Vascular conditions and diseases
 - Vasculitis (vascular inflammation many causes)
 - Other (sunburn, scurvy, many infections, sepsis, leukemia, allergic reactions, many medications)
- Thorough medical history is mandatory

How different disciplines can answer this question?





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Key Tips from Experts



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Cat Otway

Forensic Nurse



What I have learned:

- Training
- Experience
- The CV
- Tough cross examination questions
- How I can Help Sentencing
- Tips for other nurses



Joe Bianco

Law Enforcement Expert



What I have learned:

- Training
- Experience
- The CV what?
- The First Case
- Tough cross examination questions
- How I can Help making it simple
- Tips for other law enforcement officers



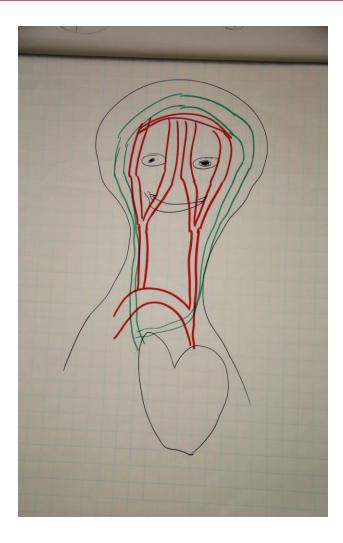
Demonstrative Evidence

Jerry Fineman



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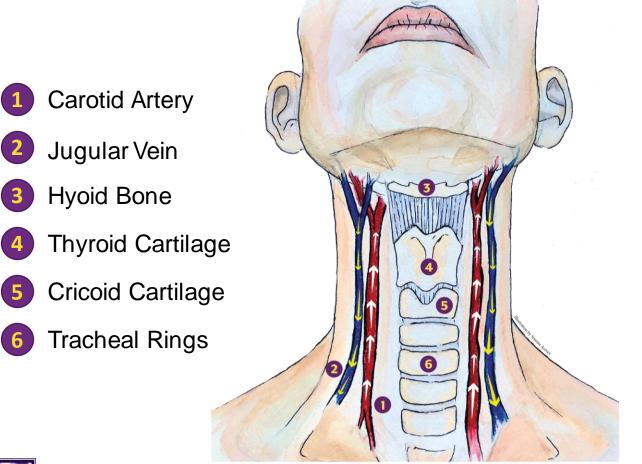
Be prepared





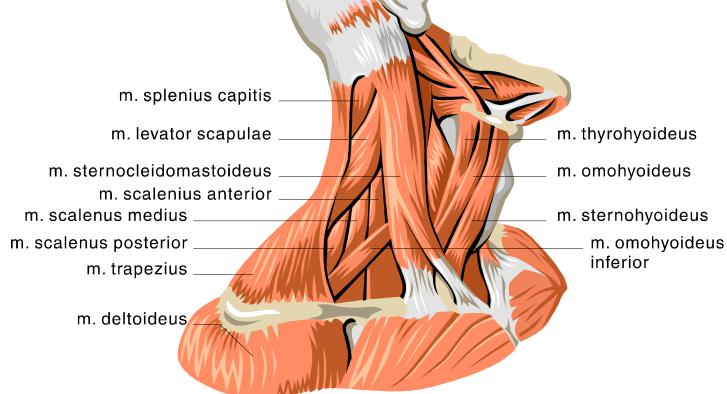
VITAL NECK STRUCTURES

Arteries, Veins and Cartilage

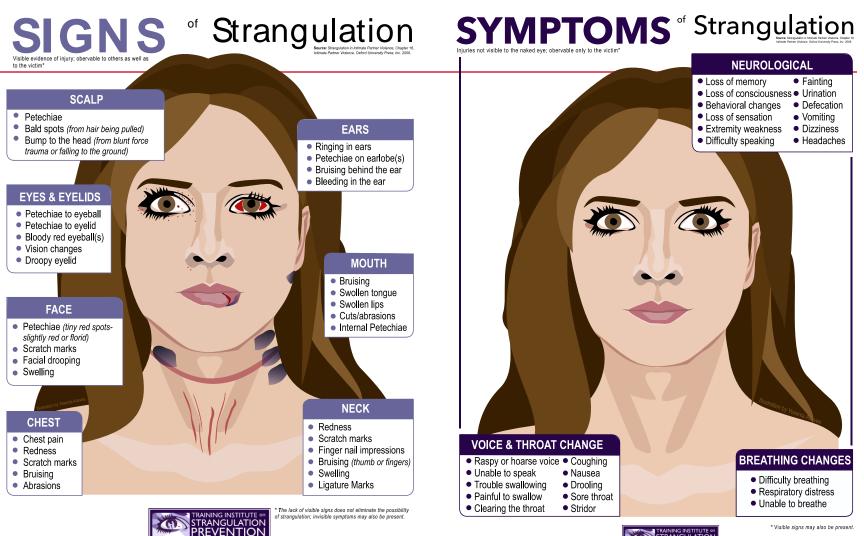




Muscles: Can be bruised without visible external evidence



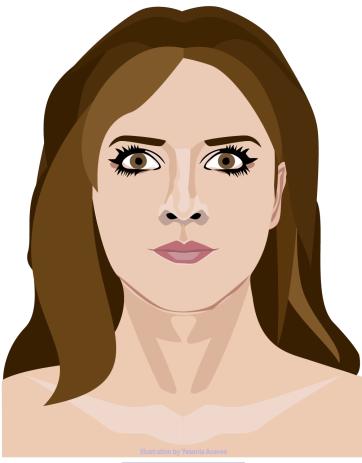




STRANGULATION (1)

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Questions for the Panel?

If we run out of time, we will answer your questions and send you a FAQ for this session.



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